

BIOLOGY

In a pair, carry out this activity and record your observations in a table.

- i). Using chest movements, record the number of breaths per minute of your pair mate at rest.
- ii). Let your pair mate move at a speed of 120 steps per minute for one minute and after, measure the breathing rate again per minute
- iii). Let your pair mate move at a speed of 240 steps per minute for one minute and after, do the same measurement.
- iv). Repeat the procedure/steps (i) to (ii) with yourself
- v). Record your results in the table below

Individual	Number of breaths per minute		
	At rest	120 steps	240 steps
1			
2			

TASK: Explain the results

ENTREPRENEURSHIP

Mr. Wandera Robert has opened up a computers ales shop in Uganda. His customers are both local and international. His customers still have a challenge of moving cash to Uganda though the products sold are taken to them by different agents safely. This has made Mr. Wandera’s business get challenges with his customers.

Task:

- i). Advise Mr. Wandera on the possible E-banking payment options he can tell his customers to use to pay for the goods bought from his business.
- ii). What challenges is the business likely to face when using those payment methods.